

A Message to Parents & Teens:

Electronic Communication:



According to the Pew Research Internet Project, 95% of all teens use the internet; 78% have cell phones; and 81% use social networking sites

Suggested Tips:

- Do not give out personal information online such as your address/phone number.
- Username /password belong to you, only you.
- The Internet has a great memory, so keep its memory of you clean with appropriate pictures.
- Do not meet anyone in person that you met online.
- Parents are ultimately responsible for minors online. Know what your child is doing.

Drug Abuse:



According to a National Institute on Drug Abuse survey, 36.4% of 12th graders used marijuana in the last year; prescription drugs are the second most abused drug

Suggested Tips:

- Don't think your child is immune; prescription pills and other drugs are more readily available than ever .
- Keep prescription drugs out of reach.
- Talk with your teenagers about the dangers of drugs and prescription pills.
- Watch out for changing behavior and if you believe your teenager may be using drugs, get help for your child and yourself.

***FOR MORE INFORMATION
PLEASE VISIT:***

- www.missingkids.com
- www.netsmartz.org
- theantidrug.com
- www.timetotalk.org



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